



Parish of the Holy Trinity, East Ham

St Mary Magdalene

St Bartholomew

St Edmund

2 August

Year A

Nineth Sunday after Trinity

THIS SUNDAY IN CHURCH

Welcome to church !

The words of the service (The Eucharist) are printed in the booklets.

Hymns at St Mary's 21, 565, 45, 252. Hymns at St Bart's 227, 506, 284, 565.

Psalm at St Mary's, verses sung by choir; response sung by all:



Great is the Lord, and high - ly to be praised.

FROM THE TEAM RECTOR

The Gospel for today is the miracle of the feeding of the five thousand in Matthew's Gospel. Jesus has withdrawn to a remote place maybe to find some respite after the grisly beheading of John the Baptist. Yet a crowd comes after him and Jesus does not send them away but heals their sick and insists that the disciples feed them. Many of us can feel overwhelmed by challenges we face, needing a place and time of respite. This story can sound very demanding and exhausting with non stop activities whatever the situation. But we can be reassured that whilst we are called to be Christlike, we are not Messiahs. We are disciples of Jesus. Yes, Jesus makes demands of us disciples: to love our neighbour, to fulfil our family or work obligations, to pass through challenging life situations. Yet with Jesus' help we can see what resources we have and he can put them to work: he doesn't leave us to get on with it on our own.

And talking of feeding the five thousand, remember your invitation to our party on Saturday! Please let me know if you can make it (details in the Notices).

God bless you

Fr Paul

SERVICE TIMES THIS WEEK

Weekday Eucharist: Thursday 12.15pm at St Bart's. *(Please note that in August this is the only weekday Eucharist)*

Eucharist next Sunday (9 August) Tenth Sunday after Trinity 8am & 10am at St Mary's; 10am at St Bart's; 10am at St Edmund's.

IN OUR PRAYERS

In our Deanery: Canning Town St Matthias; Raquel Moreira, Amy Stott

In the Diocese: North Shoebury (St Mary the Virgin) Claire Abraham (V)

In the Anglican Communion: The Diocese of Saint Asaph – The Church in Wales

In the world: for those affected by the wild fires in France and Spain and the earthquake in Japan



With USPG: those who cannot speak openly about injustice in Nicaragua

In the Parish: White Horse Road, Whitefield Road, Whittaker Road

Those who have asked our prayers:

Particular need: Sophie Colville, Terrence Hill, Ethel King, Laurine & Ancil Griffith, Patricia Larocque, Primrose, Bentley Mason, Andy Rozbicki, Pande Suresh Babu, Andrew West

Continuing need: Lorraine Ashton, June Bassenger, Zareen Choudary, Graham Davis, Doris Goodchild, Cassandra Gosai, Caroline Grisely, Paul Gillard, Terry Hooker, Emily Jones, Tony Kieran, Cassie Martin, Dennis Pridmore, Mary Skerritt, Eutal Spence, Inga Vosyliene

In the Year's Mind: John Bamford, Thomas Large, Brian Shippies

Those who have died: Maggie Holder, Jabulani Sibanda

May they rest in peace and rise in glory

NOTICES

Lunch Bunch last week we heard that Brewers Fayre at Beckton will no longer open on Monday lunchtime and will close completely from Monday 7th September. This means we will have to pause our lunches together for the time being as we've not been able to identify a suitable alternative venue.

Saturday 8 August: Parish afternoon tea party. Fr Paul and Cheryl invite our congregations, clergy and staff to our annual cake and fizz get together in the vicarage garden, 9 Woodhouse Grove 2pm-5pm. RSVP

paul.gurnham@easthamparish.org.uk

ECO CHURCH

On 18th July the Family Nature Club carried out the Big Butterfly Count in the Nature Reserve. Nine children and their parents recorded 16 butterflies, from 9 different species - this is more than last year, and the increasing diversity is what is so pleasing. There's still time to join in, the Count finishes on 9th August, and you can use an app to record the butterflies in your garden, the park - anywhere! P.S. Don't forget - all are welcome to participate in the Eco-Church textile project. Please get in touch if you'd like to contribute!

MEETINGS

Wednesday 9 Sept – Standing Committee at St Bart's at 3pm

Wednesday 16 Sept – St Mary's DCC at 7.15pm in St Mary's Hall

Sunday 20 Sept – St Edmund's DCC Meeting at 11am

Weds 23 Sept – Deanery Synod

Sunday 27 Sept – St Bart's DCC at 11.15am

Tuesday 30 Sept – PCC at St Mary's Hall at 7.15pm



CONTACTS:

Parish of the Holy Trinity, East Ham

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Team Rector: paul.gurnham@easthamparish.org.uk

website: www.easthamparish.org.uk

Registered Charity No: 1127847

What's on at St Bart's Café



Tuesday 4 Aug	Sewing group @ 10.30
Wednesday 5 Aug	Line Dancing 10.30 – 11.30am
Thursday 6 Aug	Knit & Natter @ 11am
	Chaps & Chats @ 1pm
Friday 7 Aug	Scrabble club 12 – 2pm
Saturday 8 Aug	Tai Chi 10 - 11.30am

Tuesday 11 Aug	Sewing group @ 10.30
Wednesday 12 Aug	Line Dancing 10.30 – 11.30am
Thursday 13 Aug	Knit & Natter @ 11am
	Chaps & Chats @ 1pm
Friday 14 Aug	Scrabble club 12 – 2pm
Saturday 15 Aug	Tai Chi 10 - 11.30am

Tuesday 18 Aug	Sewing group @ 10.30
Wednesday 19 Aug	Line Dancing 10.30 – 11.30am
Thursday 20 Aug	Knit & Natter @ 11am
	Chaps & Chats @ 1pm
Friday 21 Aug	Scrabble club 12 – 2pm
Saturday 22 Aug	Tai Chi 10 - 11.30am

Tuesday 25 Aug	Sewing group @ 10.30
Wednesday 26 Aug	Line Dancing 10.30 – 11.30am
Thursday 27 Aug	Knit & Natter @ 11am
	Chaps & Chats @ 1pm
Friday 28 Aug	Scrabble club 12 – 2pm
Saturday 29 Aug	Tai Chi 10 - 11.30am

ALL ARE WELCOME

Chair based exercise & Newham Super Choir are taking a break in August and will recommence in September

St Bart's Café, 292b Barking Road, East Ham, London, E6 3BA
Tel: 020 8470 0011 Email: info@Easthamparish.org.uk
Website: Easthamparish.org



NEWWAY SUMMER DONATION DRIVE

Summer can be just as dangerous as winter for people forced to sleep on the streets.

Long days in the heat increase the risk of heat exhaustion and heat stroke, while access to drinking water, shade and basic essentials is often limited.

How can I help?

Donations of lightweight clothing, reusable water bottles, sun cream, hats and other vital items can protect health, prevent dehydration and make life a little safer during the hottest months.

WHAT TO DONATE:

- ✓ **Lightweight clothing (shorts and t-shirts)**
- ✓ **Reusable water bottles**
- ✓ **Sun cream**
- ✓ **Sun Hats/Caps**
- ✓ **Fresh underwear**
- ✓ **Sunglasses**

All donations can be sent to or dropped off at NEWway at The Bobby Moore Pavilion, 118 Napier Road, East Ham, E6 2SG. Monday to Friday 7:30am - 2:30pm