

Daily Prayer *from*
All Saints to Advent
(Kingdom Season)



The **Parish** *of the* **Holy Trinity**, *East Ham*
St Bartholomew St Mary Magdalene St Edmund



The Kingdom Season

No Christian is solitary. Through baptism we become members one of another in Christ, members of a company of saints whose belonging to one another goes beyond death:

One family, we dwell in him,
one Church, above, beneath;
though now divided by the stream,
the narrow stream of death. (*Charles Wesley*)

Even in this challenging time of lockdown, we are still members of one another in Christ, and even if we pray alone in our room, we still pray with all the saints in heaven as well as on earth – a great multitude that we cannot number, who support us in our prayers and in solidarity with our efforts to live the Christian life.

These prayer resources are offered to you to support your prayer life through this time. There are two services, one that can be used in the morning or later in the day (afternoon or early evening), and Compline, which is most suitable for use in the late evening. Please use them in any way that is helpful to you.

MORNING *or* EVENING PRAYER

THE PREPARATION

✠ In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.

○ God, make speed to save us
○ Lord, make haste to help us.

Blessed are you, Sovereign God,
ruler and judge of all,
to you be praise and glory for ever.
In the darkness of this age that is passing away
may the light of your presence which the saints enjoy
surround our steps as we journey on.
May we reflect your glory this day
and so be made ready to see your face
in the heavenly city where night shall be no more.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God forever.

God ever reigns on high.
○ come, let us worship.

THE WORD OF GOD

The Psalm of the Day or
Psalm 24.1-6

The earth is the Lord's and all that fills it
The compass of the world and all who dwell therein.

For he has founded it upon the seas
And set it firm upon the rivers of the deep.

'Who shall ascend the hill of the Lord
And who can rise up in his holy place?'

'Those who have clean hands and a pure heart,
Who have not lifted up their soul to an idol,
nor sworn an oath to a lie;

'They shall receive a blessing from the Lord,
A just reward from the God of their salvation.'

Such is the company of those who seek him,
Of those who seek your face, O God of Jacob.

**Glory to the Father,
and to the Son
and to the Holy Spirit.
As it was in the beginning,
is now, and shall be for ever.
Amen.**

Canticle: A Song of the Redeemed

(Revelation 7.9, 10, 14b-17)

Behold, a great multitude
which no one could number,

From every nation, from all tribes and peoples and tongues,
standing before the throne and the Lamb.

They were clothed in white robes and had palms in their hands,
and they cried with a loud voice saying,

'Salvation belongs to our God who sits on the throne,
and to the Lamb.'

These are they who have come out of the great tribulation,
they have washed their robes
and made them white in the blood of the Lamb;

Therefore they stand before the throne of God,
whom they serve day and night within the temple.

And the One who sits upon the throne
will shelter them with his presence.

They shall never again feel hunger or thirst,
the sun shall not strike them, nor any scorching heat.

For the Lamb at the heart of the throne
will be their Shepherd,

He will guide them to springs of living water,
and God will wipe away every tear from their eyes.

**To the One who sits on the throne
and to the Lamb
be blessing and honour
and glory and might,
for ever and ever. Amen.**

The Scripture Reading

The Reading of the Day, or

Philippians 4.4-7

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

The Gospel Canticle

either in the morning:

Benedictus – The Song of Zechariah

Blessed be the Lord, the God of Israel
Who has come to his people and set them free.

He has raised up for us a mighty saviour
Born of the house of his servant David.

Through his holy prophets God promised of old
To save us from our enemies, from the hands of all that hate us.

To show mercy to our ancestors
And to remember God's holy covenant.

This was the oath God swore to our father Abraham
To set us free from the hands of our enemies.

Free to worship God without fear,
Holy and righteous in God's sight, all the days of our life.

And you, child, shall be called the prophet of the Most High,
For you will go before the Lord to prepare the way.

To give God's people knowledge of salvation
By the forgiveness of all their sins

In the tender compassion of our God
The dawn from on high will break upon us.

To shine on those who dwell in darkness and the shadow of death
And to guide our feet into the way of peace.

**Glory to the Father, and to the Son
and to the Holy Spirit.**

**As it was in the beginning,
is now, and shall be for ever.**

Amen.

or, in the Evening:

Magnificat – The Song of Mary

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,

For he has looked with favour on his lowly servant.
From this day all generations will call me blessed:

The Almighty has done great things for me
and holy is his name.

He has mercy on those who fear him,
in every generation.

He has shown the strength of his arm
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones
and has lifted up the lowly.

He has filled the hungry with good things
and the rich he has sent away empty.

He has come to the help of his servant, Israel,
for he has remembered his promise of mercy,

The promise he made to our forebears,*
to Abraham and his children for ever.

**Glory to the Father, and to the Son
and to the Holy Spirit.**

**As it was in the beginning,
is now, and shall be for ever.**

Amen.

THE PRAYERS

The Collect of the day or the following:

Almighty and eternal God,
you have kindled the flame of love in the hearts of the saints:
Grant to us that same faith and power of love,
that, as we rejoice in their triumphs,
we may be sustained by their example and fellowship;
through Jesus Christ our Lord.

Amen.

The Lord's Prayer

Waiting in joyful expectation for the coming of the Kingdom,
as our Saviour taught us, so we pray:

**Our Father, who art in heaven;
hallowed be thy name.
Thy Kingdom come;
thy will be done, on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom,
the power and the glory;
for ever and ever.
Amen.**

✠ May Christ, who has opened the Kingdom of heaven,
bring us to reign with him in glory.
Amen.

Let us bless the Lord.
Thanks be to God.

COMPLINE

Night Prayer during the Kingdom Season

THE PREPARATION

The Lord almighty grant us a quiet night and a perfect end.
Amen.

✠ Our help is in the name of the Lord
Who made heaven and earth.

A period of silence follows, for reflection on the past day.

Words of penitence may be used; the following or some other.

**Most merciful God,
we confess to you,
before the whole company of heaven
and one another,
that we have sinned in thought, word and deed,
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen.**

**Holy God,
holy and strong,
holy and immortal:
have mercy on us.**

✠ O God, make speed to save us.
**O Lord, make haste to help us.
Glory to the Father, and to the Son,
And to the Holy Spirit;
As it was in the beginning, is now
And shall be for ever.
Amen. Alleluia!**

THE WORD OF GOD

The Psalmody

Psalm 91

He who dwells in the shelter of the Most High,
abides under the shadow of the Almighty.

He shall say to the Lord,
'You are my refuge and my stronghold,
my God in whom I put my trust.'

He shall deliver you from the snare of the hunter
and from the deadly pestilence.

He shall cover you with his pinions,
and you shall find refuge under his wings;
his faithfulness shall be a shield and buckler.

You shall not be afraid of any terror by night,
nor of the arrow that flies by day;

Of the plague that stalks in the darkness,
nor of the sickness that lays waste at midday.

A thousand shall fall at your side
and ten thousand at your right hand,
but it shall not come near you.

Your eyes have only to behold
to see the reward of the wicked.

Because you have made the Lord your refuge,
and the Most High your habitation.

There shall no evil happen to you,
neither shall any plague come near your dwelling.

For he shall give his angels charge over you,
to keep you in all your ways.

They shall bear you in their hands,
lest you dash your foot against a stone.

You shall tread upon the lion and adder,
you shall trample the young lion and the serpent
under your feet.

Because he is bound to me in love,
therefore will I deliver him;
I will protect him, because he knows my name.

He shall call upon me and I will answer him;
I am with him in trouble,
I will rescue him and bring him to honour.

With long life will I satisfy him,
and show him my salvation.

**Glory to the Father, and to the Son
and to the Holy Spirit.**

**As it was in the beginning,
is now, and shall be for ever.**

Amen.

The Reading: *Matthew 24.13,14a*

The one who endures to the end will be saved. And this good news of the kingdom will be proclaimed throughout the world, as a testimony to all the nations.

The Responsory *may be said.*

Into your hands, O Lord,
I commend my spirit.

**Into your hands, O Lord,
I commend my spirit.**

For you have redeemed me, Lord God of truth.

I commend my spirit.

Glory to the Father, and to the Son,
and to the Holy Spirit:

**Into your hands, O Lord,
I commend my spirit.**

Keep me as the apple of your eye.

Hide me under the shadow of your wings.

The Gospel Canticle: *Nunc Dimittis* (39)

Refrain:

**O King most blessèd,
on the day of judgement
number us among your chosen.**

Now, Lord, you let your servant go in peace:
your word has been fulfilled.

My own eyes have seen the salvation
which you have prepared in the sight of every people;

A light to reveal you to the nations
and the glory of your people Israel.

Luke 2. 29-32

**Glory to the Father,
and to the Son
and to the Holy Spirit.
As it was in the beginning,
is now, and shall be for ever.
Amen.**

**O King most blessèd,
on the day of judgement
number us among your chosen.**

THE PRAYERS

Intercessions and thanksgivings may be offered here.

The Collect

God and Father of our Lord Jesus Christ,
bring us to the dwelling which your Son is preparing
for all who love you;
give us the will each day to live in life eternal;
let our citizenship in heaven be with the blessed,
with the whole company of the redeemed
and with countless angels,
praising, worshipping and adoring your Son,
our Lord Jesus Christ,
who sits on the throne for ever and ever.
Amen.

The Lord's Prayer *may be said.*

[As we come to the ending of the day,
let us pray as our Redeemer has taught us:]

**Our Father, who art in heaven;
hallowed be thy name.
Thy Kingdom come;
thy will be done, on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom,
the power and the glory;
for ever and ever. Amen.**

The Blessing

In peace, we will lie down and sleep;
For you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
For the night is at hand and the day is now past.

As the night-watch looks for the morning,
So do we look for you, O Christ.

May the light of Christ, the King of all,
shine ever brighter in our hearts,
that with all the saints in light
we may shine forth as lights in the world.
Amen.

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easthamparish.org.uk easthamparish@gmail.com 020 8470 0011